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From the Editors

Another academic year has begun, and there have been many exciting happenings in the Department of Psychology. We are pleased to bring you the first issue of PsychNEWS, a newsletter to highlight the news and achievement of people interested in Psychology at Lakehead University and beyond.

We hope this newsletter will be another avenue of connection between Department members, adjuncts, clinical supervisors, students, and alumni. We also hope it will provide helpful information for those who wish to become more involved to do so. Over the next year we will be publishing two more issues (Winter, Spring) to keep you up to date with happenings in Psychology.

We invite you to participate by sharing your psychology-related news, achievements, and contributions by emailing PsychNews@lakeheadu.ca. We look forward to hearing your ideas about how to maintain and improve this newsletter!

Dr. Rupert Klein & Dr. Amanda Maranzan,
Editors

LU Clinical Psychology Program

The Clinical Psychology Doctoral Program has applied for re-accreditation with the Canadian Psychological Association (CPA) this summer. A site visit is expected to take place this December.

The program wishes to extend a special “thank you” to all of our adjuncts and clinical supervisors who provide an enormous contribution to the training of our students.

The department is always looking for individuals to present a talk within the context of our Research Seminar or Clinical Seminar Series. Any adjuncts, clinical supervisors, students, or former students who would like to present, or know of someone who may be interested, should contact Ms. Shelia Delin (sdelin@lakeheadu.ca) or Dr. Amanda Maranzan, Clinical Seminar Series Coordinator (amaranzan@lakeheadu.ca).

~ Dr. Kirsten Oinonen, Director of Clinical Training

Farewell to Dr. Charles Netley



Dr. Charles
Netley,
Professor
Emeritus

The Department notes with deep regret the expiry of Dr. Charles Netley's (Professor Emeritus) contract with us effective 1 June 2009. Dr. Netley is a child neuropsychologist who joined our faculty in 1991, and retired in 2004, one year before the Ontario government abolished mandatory retirement. He stayed with us on a contract basis to help out especially with the PhD Clinical Psychology program. Dr. Netley was an essential and integral part of our unit and made several contributions to all levels of programming within our department. We are extremely fortunate to have had Dr. Netley among us - he is one of the rare talented scholar-scientist-teacher that all departments seek but have difficulty finding. The Department continues to investigate opportunities to return Dr. Netley to our faculty.

~ Dr. Josephine Tan

Dr. Steven Goldstein Retires

Dr. Stephen R. Goldstein retired effective July 1, 2009 after 40 years of exceptional service to the Department.

We are extremely sorry to see him leave and will miss his contributions and presence in this place.



Dr. Steven Goldstein,
Professor Emeritus

A full article highlighting the achievements and contributions of Dr. Goldstein will be published in the Winter issue of the Psych Newsletter.

~ Dr. Josephine Tan



Back to school

Fall 2009



UPDATE: Thunder Bay Internship Consortium

As many of you already know, Thunder Bay now has its first Psychology Doctoral Internship. Children's Centre Thunder Bay, Thunder Bay Regional Health Sciences Centre, and St. Joseph's Care Group have come together to create a unique internship experience here in our city. Major and minor rotations will be available in child, adolescent, and adult mental health at 3 different sites. It is hoped that interns will be able to complete 1 major and 2 minor rotations, allowing them to have experience across the lifespan.

Applications are now being accepted for internship positions, to begin in September 2010. The consortium plans to apply for CPA accreditation soon.

If you have questions or comments about the internship consortium, please feel free to contact Dr. Peter Voros at (807) 684-6471 or by email at vorosp@tbh.net.

~ Dr. Peter Voros,
Internship Director of Training

CONGRATULATIONS TO DR. JOSEPHINE TAN

The Department wishes to congratulate Dr. Josephine Tan on her election to President of the Canadian Council of Professional Psychology Programs (CCPPP). The CCPPP promotes high standards of training and fosters communication among the university- based programs and internship settings in Canada that train professional psychologists. ***Congratulations Dr. Tan!***

Doctoral student wins prestigious CIHR award

Suzanne Stone, a doctoral student in Clinical Psychology, recently received a Canadian Institutes of Health Research graduate scholarship – the Frederick Banting and Charles Best Doctoral Award, worth a total of \$60,000 over 2 years. There is an additional \$10,000 research stipend that can be used to support Ms. Stone’s project entitled *“Predictors of symptom severity, psychological distress, and medical treatment-seeking during the perimenopausal period.”*

Under the supervision of Dr. Dwight Mazmanian (supervisor) and Dr. Kirsten Oinonen (second reader), Ms. Stone is investigating the mood and physical symptoms women experience during menopause. “We are tying reproductive events together across the life span,” Ms. Stone explains. “We know that women who experience postpartum depression and mood symptoms during PMS are more likely to experience mood symptoms during menopause. However, there is no information about the experience of physical symptoms in the literature.”

A second avenue of the research will examine the use of Hormone Replacement Therapy (HRT) during menopause. “We hypothesize that women who struggle more with symptoms during pregnancy and PMS will be more likely to seek HRT during menopause,” Ms. Stone explains. Finally, their research will test the theory that women with lower finger digit ratios are more sensitive to hormonal changes during particular reproductive events.



Photos from the 2009 Canadian Psychological Association Conference

This year the CPA Conference was held in Montreal, Quebec. Many LU Psychology faculty and students, past and present, participated as presenters and/or attendees.

These pictures are from the “LU Psychology dinner” organized by Ph.D. student Jessica Bird.



From the CPA Campus Reps

We are pleased to introduce ourselves as the LU Student Representatives for the Canadian Psychology Association (CPA). We serve as liaisons between students in psychology and CPA's Section for Students. Our roles include updating the Department with valuable information, answering questions about CPA and the Annual Convention, and bringing student issues to the Section. We will



Missy Teatero

be organizing a series of workshops for the 2009/2010 academic year, the primary target audience being undergraduate students. Topics will include student membership, APA style, conference submissions, and poster presentations. We would also like to help plan events, talks, and brown bag lunches for graduate students and faculty.

Many psychology students at Lakehead, particularly at the graduate level, are affiliates of CPA. General membership benefits include opportunities for professional development, networking with Canadian psychologists and students, eligibility for CPA student awards, inexpensive journal subscriptions, reduced fees for registration the Annual Convention, and more. Student affiliates can join the Section for Students (at no extra cost) as well as other CPA sections and interest groups. They also receive free subscriptions to Psynopsis, Canadian Psychology, and the Canadian Journal of Behavioural Science or the Canadian Journal of Experimental Psychology. We encourage you to visit www.cpa.ca/members for more information.



Nicola Stevens

The 2009 Annual Convention took place in Montreal from June 11 to 13, with our faculty and graduate students accepted to present at least a dozen poster presentations.

Please contact us if you have any questions, concerns, suggestions, and/or issues you would like to be raised. We look forward to representing CPA and its Student Affiliates, and collaborating with the CPA Faculty Representative, Dr. Amanda Maranzan, this upcoming academic year!

Sincerely,

Missy Teatero, Graduate Student Representative
mteatero@lakeheadu.ca

& Nicola Stevens, Undergraduate Student Representative
nstevens@lakeheadu.ca

NEW COURSE OFFERINGS

The following NEW courses will be offered by the Department of Psychology over the upcoming year:

Psych 3211 (FA) – Environmental Psychology
Psych 3811 (FA) – Human Sexuality

Convocation 2009

On Saturday May 30, the Thunder Bay campus held its convocation ceremony. Congratulations to all graduating students!

The following number of Psychology degrees were conferred in 2008-09:

Ph.D. Clinical Psychology – 3
M.Sc. Experimental Psychology – 2
M.A. Clinical Psychology – 7

B.A. Psychology (4 years) – 40
B.Sc. Psychology (4 years) – 8
B.A. Psychology (3 years) – 67
B.Sc. Psychology (3 years) – 6
Honours B.A. (Gerontology & Psychology) – 2



Graduating students Joshua Armstrong (M.Sc.), Monique Mercier (M.A.), Ed Roldan (M.A.), and James Brazeau (M.A.)



Dr. Rupert Klein with graduating student Marie-Eve Couture (BA)

The Vice-Chancellor's Medal is awarded to the highest-ranking graduating student in the three-year Bachelor's degree. This year Psychology student **Marie-Eve Couture** (BA) received this honour. She also received the Dean of Social Science and Humanities Medal for the highest-ranking graduating student in a Social Sciences and Humanities 3-year program.

The Dean Braun's Medals are awarded to the highest-ranking graduating students in several programs, including Psychology. This year the honours went to **Marlena Tassone** (B.Sc.; three-year program) and **Karen Streshaw** (Honours B.A.; four-year program).

Congratulations Marie-Eve, Marlena, and Karen!

Student Awards

Every year the Canadian Psychological Association (CPA) awards the top students in a psychology program for excellence in their research theses. It is with great pleasure to announce this year's recipients:

CPA Undergraduate Thesis Awards

Nelson Lyon
Nyssa Hartin
Michelle Bong

Master's CPA Thesis Award

James Brazeau

Doctoral CPA Dissertation Award

Amanda Maranzan

New Course in Environmental Psychology

Undergraduate students have a new course to consider in the fall of 2009. Dr. Mirella Stroink is offering a third year course in Environmental Psychology, the first time such a course has been offered in our department. In this course, students will explore how processes of individual and social psychology contribute to both environmental problems and to their solutions.



Students will be challenged to apply their knowledge of psychology and psychological research methods to some of the most pressing questions of our time. How do social influence, cultural world-views and automatic social cognition interact to produce unsustainable patterns of behaviour? What psychological theories and research can help communities effectively promote environmental behaviour and facilitate adaptation to change? How can a community empower its citizens to adopt sustainable systems like food, water, and energy that are resilient to challenges like climate change and peak oil?

As experts in human behaviour, psychologists are well equipped to tackle such questions.

Students in this course will also have the opportunity to develop a psychological research project that explores one of these questions in partnership with community organizations and leaders already engaged in change efforts. In so doing, the community and its diversity and depth of knowledge will be brought to life and integrated with academic knowledge. This research project will not only allow students to experience the research process first hand, but will also demonstrate how psychological research skills can make a difference in the community setting. Take a look at your schedule and consider registering for this course (contact Dr. Stroink - mstroink@lakeheadu.ca - for more information).

~ Dr. Mirella Stroink

PsychNEWS

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This newsletter is available on the Department of Psychology
website: www.psychology.lakeheadu.ca