

**PSYCHOLOGY 4033: PSYCHOTHERAPY II – THERAPEUTIC MODALITIES**  
**January – April 2017**

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**Instructor:** Prof. Dana Dupuis, [ddupuis@lakeheadu.ca](mailto:ddupuis@lakeheadu.ca)  
**Office hours:** Available by appointment.

**Location, day, & time:** ATAC 2020, Monday 7:00-10:00 pm

**Course description:** An in-depth overview of the different therapeutic modalities that will be useful for students who are considering graduate studies in clinical psychology. Topics to be covered include psychoanalysis, humanistic, and systemic psychotherapeutic techniques. The theoretical framework and application of each modality will be critically examined and discussed. Grades will be based on an integrated discussion assignment and three exams that are noncumulative, covering both lecture materials and assigned readings.

**Assigned text:** Selected readings (chapters 4, 7, 14) from the following text:

Corey, G. (2013). *Theory and practice of counseling and psychotherapy* (9<sup>th</sup> ed.). Pacific Grove, California: Brooks/Cole Publishing Company

**Winter course schedule:** *Note: schedule may be adjusted based on class progress.*

Jan 09:	<b>Organizational meeting</b>
Jan 16:	<b>Psychoanalytic Therapy</b> (Text Ch. 4)
Jan 23:	<b>Psychoanalytic Therapy</b> (Text Ch. 4)
Jan 30:	<b>Psychoanalytic Therapy</b> (Text Ch. 4)
Feb 06:	<b>TEST 1</b> (covers materials from Jan 09 to Jan 30 inclusive)
Feb 13:	<b>Rogers' Person-Centered Therapy</b> (Text Ch. 7)
Feb 20:	----- BREAK WEEK -----
Feb 27:	<b>Interpersonal Therapy</b>
Mar 06:	<b>TEST 2</b> (covers materials from Feb 13 to Feb 27 inclusive)
Mar 13:	<b>Family systems therapy (Structural, Strategic &amp; Systemic)</b> (Text Ch. 14)
Mar 20:	<b>Family systems therapy (Structural, Strategic &amp; Systemic)</b> (Text Ch. 14)
Mar 27:	<b>TEST 3</b> (covers materials from March 13 to March 20 inclusive)
Apr 03:	<b>Integrated discussion of course contents</b> (see next page)

<b>Course grading:</b>	Test 1	30%
	Test 2	30%
	Test 3	35%
	Attendance and integrated discussion in last class	5%

**Note:** Dates for the tests are fixed. Tests will cover everything in the module taught up to the last class before, plus assigned text and/or article readings. ***Students are excused from a test only if they (i) have compassionate reasons (ii) inform the instructor beforehand if possible (iii) produce a letter from a health professional supporting their compassionate reasons and (iv) agree to make up for the missed exam another time scheduled under discussion with the instructor.***

**Integrated discussion of course contents:**

An integrated critical discussion of course contents will be held during the last day of class, worth 5% of the total course grade. Each student will choose an area of interest from the topics covered in this course. Each student will prepare one question on their chosen topic to present to the class and lead a five-minute critical discussion on his or her question. Each student will also prepare a brief summarized response to his or her own question to present at the end of the five-minute discussion. Students will be graded on participation (1%), demonstration of critical thinking (2%), and demonstration of integrating knowledge of topics covered in the course (2%).

*Note: students must inform the instructor of their chosen discussion topic by **March 20, 2017**.*

**Optional bonus points:**

Students have the option of earning a maximum of 3 bonus points to be added to his or her final grade by submitting a concise 500 word (max) critical synopsis of a recent (i.e., within the last five years) journal article on any psychotherapeutic modality. The synopsis should demonstrate thoughtful critical evaluation of the article in question (2pts), written in APA style (1pt). Submissions should be emailed to the instructor along with a .pdf copy of the relevant journal article. Please note that the 500 word limit pertains to the text body, not including title page or references.

*Note: completed synopses must be submitted to the instructor by **April 03, 2017**. Late submissions will be subject to a deduction of 1pt per day late.*

**Academic accommodations:**

The Ontario Human Rights Code states that all persons have a right to equal treatment and opportunities without discrimination. Lakehead University is committed to achieving an inclusive climate with equal access, rights, respect, comfort, and privacy for all students. This includes facilitating appropriate academic accommodations for students with disabilities so that they can have equitable opportunities in academia. If you think you may benefit from such accommodations, you are encouraged to contact Student Accessibility Services (SAS) at <http://studentaccessibility.lakeheadu.ca> or (807) 343-8047 for more information.

**University policies:**

Lakehead University has a firm policy on academic dishonesty. It is important for students to be familiar with this policy in order to ensure that their work complies with institutional standards. Students can find details on this policy and relevant penalties for noncompliance online at <http://lakeheadu.ca> by visiting the University Calendar and clicking on "Regulations".